



## MEDIA REVIEWS

Koreball collapsible weight a boon to traveling kettlebell users: *Stretching Out*

"It is a clever solution to a problem, with the potential to make a big difference. If you're on the road a lot and missing weight-based workouts, this little tool could well be just what you need. Portability, in fact, is Koreball's raison d'etre." Zachary Lewis, [The Plain Dealer](#) (6/19/14)

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"The KOREBALL is a great product for at home and on the go workouts. In fact, it was specifically designed to be portable and ready to go wherever... I've been using the KOREBALL for several months now. I have totally replaced my medicine ball with this newbie. I mostly use it for side to sides, ab baskets and in place of dumbbells. It's so much easier to use this for dumbbell rows!" Amanda, [Too Tall Fritz](#)

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"This is called the KOREBALL and if you like to travel... you actually fill it with water. The great thing about this is that you can make it as light or as heavy as you want. The beauty is that it is adjustable and compact... kind of genius, really." Bruce Pechman, *The Muscleman of Technology* ([www.MrBicep.com](http://www.MrBicep.com)) America's Best-Built Technology & Fitness Television Personality Muscleman of Technology, LLC

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Favorite Fitness Products for Summer

A few of my summer favorite health and fitness picks include:

"Koreball: This product makes it easy to stay fit when you don't have access to a gym. Portable, safe and comfortable to use, Koreball can be filled with water or sand, depending on weight desired. Standard kettlebells are comprised of a solid metal bell and handle, cumbersome to take along when traveling, and medicine balls have limited range of motion and are often difficult to hold onto for longer than a few minutes at a time. Suitable for all levels of fitness, Koreball provides a comfort-grip, time efficient workout in 30 minutes or less." By Marjie Gilliam, [Dayton Daily News](#) (7/5/14)

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"I have something SUPER cool to show you! THIS is the KOREBALL – a collapsible, portable, and fillable medicine ball meets kettlebell. It is absolutely awesome and the only one of its kind that I have come across... Overall, both my husband and I enjoyed using this product. It allowed my husband to workout without stressing his joints to much since he recently had surgery. This is a perfect product for busy moms (or dads) on the go! Just empty & collapse it, take it with you, and then refill it." [FitMommieDiaries Blog](#) (11/16/14)

### CONTACTS: Media:

Kristin Gabriel, MarCom New Media  
T: 323-650-2838  
E: [Kristin@marcomnewmedia.com](mailto:Kristin@marcomnewmedia.com)

### Headquarters: KOREBALL

Cynthia Farrow-Warren, Partner  
E: [cindy@koreball.com](mailto:cindy@koreball.com)